

Vita

Jeffrey E. Holm
Department of Psychology
Box 8380, University of North Dakota
Grand Forks, North Dakota 58202
Phone: (701) 777-3792; FAX: (701) 777-3454
email: jeffrey_holm@und.nodak.edu

Current Position

Professor of Psychology (1999 - Present)
Department of Psychology
University of North Dakota, Grand Forks, North Dakota

Senior Research Scientist (2001 – Present)
Center for Health Promotion and Translation Research
University of North Dakota School of Medicine and Health Sciences
Grand Forks, North Dakota

Previous Positions

Director of Clinical Training, Dept. of Psychology, University of North Dakota (1993 - 1999)
Associate Professor, Dept. of Psychology, University of North Dakota (1992 - 1999)
Assistant Professor, Dept. of Psychology, University of North Dakota (1987 - 1992)

Academic History

Ohio University, Ph.D., Clinical Psychology, (APA approved), 1987
University of Mississippi/Jackson VA Residency Training Program in Clinical
Psychology, (APA approved), 1987
Ohio University, M.S., Clinical Psychology, (APA approved), 1983
Hope College, A.B., Major: Psychology, 1981

Academic Honors

Magna Cum Laude Graduate, Hope College, 1981
Mortar Board National Honor Society, 1980
Phi Beta Kappa National Honor Society, 1981
Psi Chi National Honor Society, 1979
Sigma Xi Research Award, 1981

Clinical and Consulting Experience

Position: Clinical Supervisor and Behavioral Consultant (1990-2007)
Place: Grand Forks Human Nutrition Research Center
Duties: Supervise students in personality assessment and brief goal-directed behavior therapy

Position: Clinical Supervisor (1987-2000)
Place: University of North Dakota Psychological Services Center
Duties: Supervise clinical psychology graduate students in individual and couples behavior assessment and therapy

Position: Research Consultant (1985-1986)
Place: Department of Family Medicine, Ohio University College of Osteopathic Medicine
Duties: Research design and statistical consultant to family medicine fellows, preventive health fellows, and faculty.

Position: Health Psychology Intern (1982-1986)
Place: Stress and Health Clinic, Ohio University
Supervisor: Dr. Kenneth A. Holroyd
Duties: Assessment and treatment of patients with psychophysiological disorders, especially chronic low-back pain and recurrent tension and vascular headache.

Position: Clinical Psychology Trainee (1983-1984)
Place: Counseling & Psychological Services Clinic, Ohio University
Supervisors: Dr. Michael Hanek, Dr. Jeanne Heaton, Dr. Fred Weiner
Duties: Psychological assessment; Individual & couples therapy

Position: Clinical Psychology Trainee (1981-1982)
Place: Athens Mental Health Center State Psychiatric Hospital
Supervisors: Dr. David Malawista, Dr. Joseph Gay, Dr. Irma Rappaport
Duties: Psychological assessment; Diagnostic interviews; Mental status interviews & reports; Supportive counseling; Specialty in mental health needs of the chronic mentally ill

Teaching Experience

Position: Assistant, Associate, & Full Professor (1987-present)
Place: Department of Psychology, University of North Dakota

Graduate Courses: Multivariate Statistics & Test Construction; Psychophysiology; Behavioral Medicine; Professional Issues and Ethics; Clinical Assessment;
Clinical Psychology: Science and Practice

Doctoral Dissertations Directed: 29

Master's Theses Directed: 27

Undergraduate Courses: Stress Management With Athletes; Introduction to Personality; Introduction to Clinical Psychology; Human Sexuality; Introduction to Psychology; Abnormal Psychology

Senior Honor's Theses Directed: 13

Administrative Committees

State of North Dakota

Board of Psychologist Examiners (1995-2003) (President of Board, 1998-2003)

University of North Dakota

Minority Access to Research Careers Program (MARC): Advisory Committee

Expanded Horizons Steering Committee

Cultural Awareness Committee

Liaison to Ronald McNair Program

Underrepresented Students Committee

Graduate Committee

College of Arts and Sciences -- Tenure, Reappointment and Promotion Committee

Faculty Senate

Department of Psychology Committees

Salary Committee,

Personnel Committee,

Evaluation Committee,

Colloquium Committee,

Graduate Admissions Committee,

Library Liaison,

Resources, Facilities, Subjects, & Space Committee,

Curriculum Committee

North Dakota Psychological Association

Committee on Scientific Affairs

1991 Convention and Conference Program Committee

1992 Chair, Convention and Conference Program Committee

President-Elect, 1992

President, 1993

Past-President, 1994

Professional Organizations

American Association of Applied and Preventive Psychology

American Psychological Society

American Psychological Association

American Psychological Association's Division 12 (Clinical Psychology)

Society for Science of Clinical Psychology (Section 3 of Division 12 of APA)

American Psychological Association's Division 38 (Health Psychology)

American Public Health Association

Association for Advancement of Behavior Therapy

North Dakota Psychological Association

Editorial Review

Journal of Psychosomatic Research

Headache

Journal of Behavior Analysis and Therapy

Personality and Individual Differences

Applied Psychophysiology and Biofeedback

Grants and Fellowships

External Funding

Vogeltanz-Holm, N.D., & Holm, J.E. (7/05 to 7/07). *Evaluating the Effectiveness of Health Promotion Programs in North Dakota Public Employee Worksites*, Funded by the North Dakota Public Employees Retirement System, State of North Dakota, (Total Costs, \$238,550)

Holm, J.E. & Lykken, G.I. (9/03 to 9/08) Continuation of Human Studies Research, Specific Cooperative Agreement, USDA Agricultural Research Service, (Total Costs, \$1,250,000)

Vogeltanz-Holm, N.D., Holm, J.E. (2002). *Review, Evaluate, and Create a Data Base for Prevention of Tobacco Use Coalition Grants*. Contract with North Department of Public Health (through the Center for Health Promotion and Translational Research, University of North Dakota, School of Medicine and Health Sciences), Direct Costs, \$6,000.

Holm, J.E., Vogeltanz-Holm, N.D., Drach, R.A. (2001). *Changes in autonomic nervous system function, corticosteroid concentrations, and prostaglandin production in response to a laboratory stressor: The moderating effects of calcium and other minerals in women with dysmenorrhea*. GlaxoSmithKline Consumer Health Care Division (\$13,500).

Vogeltanz-Holm, N.D. & Holm, J.E. (2001). *Prevention of smoking in North Dakota children and adolescents*. Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services (through the Center for Health Promotion and Translational Research, University of North Dakota, School of Medicine and Health Sciences) (\$37,500).

Holm, J.E. & Rauch, S.A.M. (1999). *The effect of alcohol on a laboratory analog of sexually aggressive behavior*. The Society for the Psychological Study of Social Issues (\$1664.00)

Beckwith, B.E., Holm, J.E., & Tinius, T.P. (1988). *Stress management training: Its use in enhancing athletic and academic performance and interpersonal relationships in student athletes*. National Collegiate Athletic Association (\$7,746.00)

Holm, J.E., & Casey, B. (1990, August) *Change Mechanisms and Maintenance of Gains in Stress Management: Relationships Between Cognitions, Physiological Reactivity, and Competitive Performance*. Grant from the National Collegiate Athletic Association (N.C.A.A.) (\$13,605.00).

Holm, J.E., McDonald, A., Crawford, R.R., & Tyler, J.D. (1992, September). *Minorities - Rural & Minorities - Psychology*. Department of Health and Human Services Public Health Service: National Institute of Mental Health Clinical Training Grant (\$225,000 awarded over 3 years)

Internal Funding

Holm, J.E. (2000). *Faculty Research Travel Grant*. University of North Dakota

Holm, J.E. (1999). *Faculty Research Travel Grant*. University of North Dakota

Holm, J.E. *Scholarly Book Award*. UND Faculty Instructional Development.

Holm, J.E. (1989, Summer). *Graduate Research Professorship* (\$3,750.00)

Holm, J.E. (1988). *Recurrent tension headache: Integrating physiological and psychological processes*. University of North Dakota Faculty Research Grant (\$950.00)

Holm, J.E. (1987). *Developing a laboratory experience to enhance the teaching of psychophysiology*. University of North Dakota Instructional Development Grant (\$4,785.00)

Publications

Peer-Reviewed Journal Publications

Jollie-Trottier, T., Holm, J.E., & McDonald, J.D. (in press). Correlates of Overweight and Obesity in American Indian Children. *Journal of Pediatric Psychology*.

Marrone, S., White Plume, J., Kerr, P., Pignol, A., Vogeltanz-Holm, N., Holm, J., Adams Larsen, M. (in press). The role of free-play physical activity in healthy blood glucose maintenance in children with Type 1 Diabetes Mellitus. *Psychology, Health, and Medicine*.

Marrone, S., Vogeltanz-Holm, N.D., Holm, J.E. (in press). Attitudes, knowledge, and intentions related to breastfeeding among university undergraduate women and men. *Journal of Human Lactation*.

Vogeltanz-Holm, N. D., Holm, J. E., & White Plume, J. (2004). The effectiveness of worksite health promotion programs. *Health Care Discussions*, 7, 13-18.

Wilson, B.A., Holm, J.E., Bishop, K.L., & Borowiak, D.M. (2002). Predicting responses to sexually aggressive stories: The role of consent, interest in sexual aggression, and overall sexual interest. *Journal of Sex Research*, 39, 275-283.

Bishop, K.L., Holm, J.E., Borowiak, D.M., & Wilson, B. (2001). Headache sufferers' perceptions of pain: A laboratory investigation of the influence of pain-related anxiety and fear. *Headache*, 41, 494-499.

- Davis, P.A., Holm, J.E., Myers, T.C., & Suda, K.T. (1998). Stress, headache, and physiological dysregulation: A time-series analysis of stress in the laboratory. *Headache*, *38*, 116-121.
- Holm, J.E., Lamberty, K., McSherry II, W.C., & Davis, P.A. (1997). The stress response in headache sufferers: Physiological and psychological reactivity. *Headache*, *37*, 221-227.
- Holm, J.E., Lokken, C., & Cook Myers, T.C. (1997). Migraine and stress: A daily examination of temporal relationships in women migraineurs. *Headache*, *37*, 553-558.
- Lokken, C., Holm, J.E., & Cook Myers, T.C. (1997). The menstrual cycle and migraine: A time-series analysis of 20 women migraineurs. *Headache*, *37*, 235-239.
- Norton, M., Holm, J.E., & McSherry II, W.C. (1997). Behavioral Assessment of relaxation: The validity of the behavioral rating scale. *Journal of Behavior Therapy and Experimental Psychiatry*, *28*, 129-137.
- Holm, J.E., Beckwith, B.E., Ehde, D.M., & Tinius, T.P. (1996). Cognitive-behavioral interventions for improving performance in competitive athletes: A controlled treatment outcome study. *International Journal of Sport Psychology*, *27*, 463-475.
- Holm, J.E., Bury, L., & Suda, K.T. (1996). The relationship between stress, headache, and the menstrual cycle in young, female migraineurs. *Headache*, *36*, 531-537.
- Holroyd, K.A., Talbort, F., Holm, J.E., Pingel, J.D., Lake, A.E., & Saper, J.R. (1996). Assessing the dimensions of pain: A multitrait-multimethod evaluation of seven measures. *Pain*, *67*, 259-265.
- Plaud, J.J., Dubbert, P.M., Holm, J.E., Wittrock, D., Smith, P., Edison, J., McAnulty, R., Caddell, J., Summerville, M., & Jones, A., Jr. (1996). A survey of biological and behavioral variables in men with erectile dysfunction. *Journal of Behavior Therapy and Experimental Psychiatry*, *27*, 11-19.
- Ehde, D.M., Holm, J.E., & Robbins, G.M. (1995). The impact of Magic Johnson's HIV serostatus disclosure on unmarried college students' HIV/AIDS knowledge, attitudes, risk perception, and sexual behavior. *Journal of American College Health*, *44*, 55-58.
- McSherry, W.C., Holm, J.E., & Norton, M. (1995). A comparison of relaxation and mechanical massage. *The Massage Therapy Journal*.
- Willert, M.G., Beckwith, B.E., Holm, J.E., & Beckwith, S.K. (1995). A preliminary study of the impact of terminal illness on spouses: Social support and coping strategies. *Hospice Journal*, *10*, 35-48.
- Holm, J.E., Penzien, D.B., Holroyd, K.A., & Brown, T.A. (1994). Headache and depression: Confounding effects of transdiagnostic symptoms. *Headache*, *34*, 418-423.

- Kearney, J. Holm, J.E., Kearney, M.L. (1994). Chronic tension-type headache: An investigation of the appraisal process. *Headache*, 34, 351-356.
- McSherry, W.C., & Holm, J.E. (1994). Sense of coherence: An examination of its effect prior to, during, and following a laboratory stressor *Journal of Clinical Psychology*, 50, 476-487.
- Ehde, D.M., & Holm, J.E. (1992). Stress and headache: Comparisons of migraine, tension, and headache-free subjects. *Headache Quarterly*, 3, 54-60.
- Holm, J.E., & Holroyd, K.A. (1992). The Daily Hassles Scale (revised): Does it measure stress or symptoms? *Journal of Behavioral Assessment*, 14, 465-482.
- Holroyd, K.A., Holm, J.E., Keefe, F.J., Turner, J.A., Bradley, L.A., Murphy, W.D., Johnson, P., Anderson, K., Hinkle, A.L., O'Malley, W.B. (1992). A multi-center evaluation of the McGill Pain Questionnaire: Results from more than 1700 chronic pain patients. *Pain*, 48, 301-311.
- Ehde, D.M., Holm, J.E., Metzger, D.L. (1991). The role of family structure, functioning, and pain modeling in headache. *Headache*, 6, 35-40.
- Beckwith, S.K., Beckwith, B.E., Gray, T.L., Micsko, M.M., Holm, J.E., Plummer, V.H., Flaa, S.L. (1990). Identification of spouses at high risk during bereavement: A preliminary assessment of Parkes and Weiss' risk index. *The Hospice Journal*, 6, 35-46.
- Holm, J.E. & Ehde, D. (1989). Stress management for chronic disease: A review. *The Behavior Therapist*, 12, 203-204.
- Holm, J.E. & King A.R. (1989). The University of North Dakota's Ph.D. Program in Clinical Psychology. *The Behavior Therapist*, 12, 159-160.
- Holroyd, K.A., Holm, J.E., Penzien, D.B., Cordingley, G.E., Hursey, K.G., Theofanous, A., & Martin, N.J. (1989). Long-term maintenance of improvements achieved with (abortive) pharmacological and nonpharmacological treatments for migraine. *Biofeedback and Self-Regulation*, 14, 301-308.
- Holroyd, K.A., Holm, J.E., Hursey, K.G., Penzien, D.B., Cordingley, G.E., Theofanous, A.G., Richardson, S.C., & Tobin, D.L (1988). Recurrent vascular headache: Home-based behavioral versus abortive pharmacological treatment. *Journal of Consulting and Clinical Psychology*, 56, 218-223.
- Tobin, D.L., Holroyd, K.A., Baker, A., Reynolds, R.V.C., & Holm, J.E. (1988). Development and clinical trial of a minimal contact cognitive-behavioral treatment for tension headache. *Cognitive Therapy and Research*, 12, 325-339.

- Holm, J.E., Holroyd, K.A., Hursey, K.G., & Penzien, D.B. (1986). The role of stress in tension headache. *Headache*, *26*, 160-167.
- Holroyd, K.A., & Holm, J.E. (1985). Progress in pain assessment? *Contemporary Psychology*, *30*, 8-9.
- Hursey, K.G., Holroyd, K.A., Penzien, D.B., & Holm, J.E. (1985). The influence of pain state on physiological reactivity of tension headache sufferers. *Headache*, *25*, 79-84.
- Penzien, D.B., Holroyd, K.A., Holm, J.E., & Hursey, K.G. (1985). Psychometric characteristics of the Bakal headache assessment questionnaire. *Headache*, *25*, 55-58.
- Holroyd, K.A., Penzien, D.B., Hursey, K.G., Tobin, D.L., Rogers, L., Holm, J.E., Marcille, P.J., Hall, J.R., & Chila, A.G. (1984). Change mechanisms in EMG biofeedback training: Cognitive changes underlying improvements in tension headache. *Journal of Consulting and Clinical Psychology*, *52*, 1039-1053.

Chapters in Edited Books

- Vogeltanz-Holm, N.D., Holm, J.E., White Plume, J., Listig-Lunde, L., Kerr, P., Poltavski, D., Diers, L., & Alfonso, P. (in press). Youth tobacco use prevention programs: Twenty-five years of research and recommendations for implementing successful school- and community-based programs. In F.H. Columbus (Ed.), *Adolescent Tobacco Use*. Hauppauge, NY: Nova Science Publishers.
- Ferraro, F.R., Bercier, B.J., Holm, J., & McDonald, J.D. (2002). Preliminary normative data from a brief neuropsychological test battery in a sample of Native American elderly. In F.R. Ferraro (ed.), *Minority and cross-cultural aspects of neuropsychological assessment* (pp. 227-240). Netherlands: Sweta and Zeitlinger.
- Plaud, J.J., & Holm, J.E. (1998). Sexual dysfunctions. In J.J. Plaud & G.H. Eifert (Eds.), *From behavior theory to behavior therapy* (pp. 136-151). Boston: Allyn & Bacon.
- Holroyd, K.A., Holm, J.E., & Penzien, D.B. (1988). Clinical issues in the behavioral treatment of recurrent headache. In P.A. Keller & S.R. Heyman (Eds.), *Innovations in clinical practice: A source book* (Vol. 7) (pp. 433-458). Sarasota FL: Professional Resource Exchange, Inc.
- Holroyd, K.A., Penzien, D.B., & Holm, J.E. (1986). Behavioural medicine. In Hugh Koch (Ed.), *Community clinical psychology* (pp. 295-315). London: Croom Helm.

Technical Reports (Selected)

- Holm, J. E., Vogeltanz-Holm, N. D., Poltavski, D., Kerr, P., & Marrone, S. (January 2007). *Burlington-Des Lac elementary school Coordinated Approach to Child Health: Year one interim report, factsheet, and parental guide for promoting healthy lifestyles for children*. (Research Report No. 42). Grand Forks: University of North Dakota.

- Holm, J. E., Vogeltanz-Holm, N. D., Poltavski, D., Kerr, P., & Marrone, S. (January 2007). *Kenmare elementary school Coordinated Approach to Child Health: Year two interim report, factsheet, and parental guide for promoting healthy lifestyles for children*. (Research Report No. 38). Grand Forks: University of North Dakota.
- Holm, J. E., Vogeltanz-Holm, N. D., Poltavski, D., Kerr, P., & Marrone, S. (January 2007). *Turtle Mountain Community elementary school Coordinated Approach to Child Health: Year two interim report, factsheet, and parental guide for promoting healthy lifestyles for children*. (Research Report No. 35). Grand Forks: University of North Dakota.
- Holm, J.E., Vogeltanz-Holm, N. D., White Plume, J., Marrone, S., Goetz, M., & Poltavski, D. (November 2007). *White Shield Public School: Interim report 2006 – Tobacco and other substance use in middle school students – Life Skills evaluation project 2003-2007*. (Research Report No. 34). Grand Forks: University of North Dakota.
- Holm J. E., Vogeltanz-Holm, N. D., White Plume, J., Listug-Lunde, L., Alfonso, P. Y., Diers, L., & Kerr, P. (in press). *Preventing tobacco use in North Dakota youth: Using evidence from school-based and comprehensive tobacco prevention programs for effective application in North Dakota*. (Research Monograph No. 1). Grand Forks: University of North Dakota.
- Holm, J.E., Poltavski, D., Kerr, P., & Vogeltanz-Holm, N.D. (April 2005). *Behavioral risk factors and health status in members of the Mandan-Hidatsa-Arikara Nation*. (Research Report No. 10). Grand Forks: University of North Dakota.
- Holm, J.E., Poltavski, D., Kerr, P., & Vogeltanz-Holm, N.D. (March 2005). *Behavioral risk factors and health status in members of the Turtle Mountain Band of Chippewa*. (Research Report No. 9). Grand Forks: University of North Dakota.
- Holm, J.E., Poltavski, D., Kerr, P., & Vogeltanz-Holm, N.D. (November 2004). *Behavioral risk factors and health status in residents of the Spirit Lake Nation*. (Research Report No. 8). Grand Forks: University of North Dakota.
- Holm, J.E., Poltavski, D. Prom, J., & Vogeltanz-Holm, N.D. (2004). *State of tobacco prevention and control in Grand Forks county* (Research Monograph No. 1). Grand Forks, North Dakota: Center for Health Promotion, University of North Dakota School of Medicine and Health Sciences.
- Holm, J.E., Poltavski, D., & Vogeltanz-Holm, N.D. (2004). *Behavioral risk factors and health status in residents of Trenton Indian Service* (Research Monograph No. 2). Grand Forks, North Dakota: Center for Health Promotion, University of North Dakota School of Medicine and Health Sciences.

Holm, J.E., Poltavski, D., & Vogeltanz-Holm, N.D. (2004). *Risk behavior Trenton Indian Service Area youth – 2003* (Research Monograph No. 2). Grand Forks, North Dakota: Center for Health Promotion, University of North Dakota School of Medicine and Health Sciences.

Beckwith, B.E., Holm, J.E., Tinius, T.P., & Ehde, D.M. (1989). *Stress management training: Its use in enhancing athletic and academic performance and interpersonal relationships in student athletes*. National Collegiate Athletic Association: Mission, KS.

Creer, T.L., Holm, J.E., Baker, A., & Westlund, J. (1985). A do-it-yourself audiotape: Behavior management and asthma. In T.L. Creer, M. Backiel, S. Ullman, & P. Leung (Eds.), *Living with asthma: Manual for teaching the self-management of asthma*. (NIH Publication No. 85-2364). Washington, D.C.: U.S. Department of Health & Human Services.

Published Abstracts

Guldseth, S., & Holm, J.E. (1995). Migraine headache and exercise: A qualitative and quantitative study. *The National McNair Journal*, 3, 30 [Abstract].

Penzien, D.B., Holroyd, K.A., Holm, J.E., & Hursey, K.G., (1985). Behavioral management of migraine: Results from five dozen group outcome studies. *Headache*, 25, 162. [Abstract].

Holroyd, K.A., Holm, J.E., Hursey, K.G., Penzien, D.B., Cordingley, G.E., & Richardson, S.C. (1985). Home-based psychological treatment vs. abortive medication in the treatment of vascular headache. *Headache*, 25, 163. [Abstract].

Holroyd, K.A., Penzien, D.B., Holm, J.E., & Hursey, K.G. (1984). Behavioral treatment of tension and migraine headache: What does the literature say? *Headache*, 24, 167. [Abstract].

Holroyd, K.A., Tobin, D.L., Penzien, D.B., Holm, J.E., Hursey, K.G., Rogers, L., & Marcille, P.J. (1983). Coping strategies and recurrent tension headache: A comparison between headache and headache-free groups. *Biofeedback & Self-Regulation*, 8, 316. [Abstract].

Penzien, D.B., Holroyd, K.A., Holm, J.E., Hursey, K.G., Tobin, D.L., Rogers, L., & Marcille, P.J. (1983). Cognitive and physiological mediation in the biofeedback treatment of recurrent tension headache. *Biofeedback and Self-Regulation*, 8, 294. [Abstract].

Symposia & Invited Addresses

Holm, J.E., Vogeltanz-Holm, N.D., Marrone, S., Yoder Alfonso, P., White Plume, J., Poltavski, D., Prom, J., Evans, A., Diers, L., & Kerr, P. (March 2005). Implementing community and school-centered obesity prevention programs in North Dakota. In N.D. Vogeltanz-Holm & J.E. Holm (Chairs). *Preventing obesity in North Dakota: Comprehensive approaches in community settings*. Symposium presented at the annual Dakota Conference on Rural and Public Health, Bismarck, ND.

- Poltavski, D., Holm, J.E., Vogeltanz-Holm, N.D., McDonald, L.R., Kerr, P., McDonald, F., & White Plume, J. (March 2005). The obesity epidemic in North Dakota: Examining behavioral risk factors and subpopulation disparities. In N.D. Vogeltanz-Holm & J.E. Holm (Chairs). *Preventing obesity in North Dakota: Comprehensive approaches in community settings*. Symposium presented at the annual Dakota Conference on Rural and Public Health, Bismarck, ND.
- Holm, J.E., Vogeltanz-Holm, N.D., Walker, J.L., Krampitz, J.B., Ward, J.L. (July, 2004). *School-Centered Health Promotion: Implementing a Coordinated Approach to Child Health (CATCH) Program*. Workshop for Eight Elementary Schools in North Dakota Implementing the CATCH Program in the 2004-2005 Academic Year, Bismarck, ND.
- Vogeltanz-Holm, N.D. & Holm, J.E. (September, 2003). Applying logic models in planning and evaluating Coordinated School Health Programs (CSHP). Facilitated workshop for ND Department of Instruction and ND Department of Health, Carrington, ND.
- Vogeltanz-Holm, N.D. & Holm, J.E. (August, 2003). Designing logic models for Coordinated School Health Programs (CSHP). Facilitated workshop for ND Department of Instruction and ND Department of Health, Bismarck, ND.
- Vogeltanz-Holm, N.D. & Holm, J.E. (August 2003). *Providing brief interventions for tobacco dependence*. Invited presentation to University of North Dakota Student Health Services, Grand Forks, ND.
- Holm, J.E. (1992, August). *The stress of unemployment and poverty on northern plains American Indian reservations*. Invited address at the annual meeting of the American Psychological Association, Washington, DC.
- Holm, J.E., Jermoe, A., Hursey, K.G., & Cordingley, G.E. (1990, April). Vascular headache comparing and integrating abortive pharmacological and behavioral interventions. In K.A. Holroyd (Chair). *Toward the integration of pharmacological and nonpharmacological treatment for chronic headache disorders*. Symposium presented at the meeting of the Society of Behavioral Medicine, Chicago, IL.
- Ehde, D., Holm, J.E., Metzger, D.L., & Lamberty, K.J. (1989, October). Chronic headache: The impact of family factors and coping processes. In J.E. Holm (Chair). *Issues in the assessment of chronic headache*. Symposium presented at the meeting of the North Dakota Psychological Association, Fargo, ND.
- Holm, J.E., Lamberty, K.J., Dix, A., McSherry, W.C., Hexum, C., & Hallin, T. (1989, October). Stress and headache: The interaction between the person and the environment. In J.E. Holm (Chair). *Issues in the assessment of chronic headache*. Symposium presented at the meeting of the North Dakota Psychological Association, Fargo, ND.

- Lamberty, K.J., Holm, J.E., Ehde, D., Plevell, J., Kreuger, M., & Thompson, J. (1989, October). Dysfunctional thoughts in recurrent headache patients: A function of pain. In J.E. Holm (Chair). *Issues in the assessment of chronic headache*. Symposium presented at the meeting of the North Dakota Psychological Association, Fargo, ND.
- Penzien, D.B., Holm, J.E., & Johnson, C.A. (1989, March). Probing family and marital issues in recurrent headache syndromes. In M.A. Slater & L. Schwartz (Chairs), *Chronic pain and the family: Marital and spousal factors*. Symposium presented at the meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Penzien, D.B., Holm, J.E., & Johnson, C.A. (1989, October). Examining family issues in recurrent headache syndromes. In M.A. Slater (Chair). *Marital factors in chronic pain*. Symposium presented at the meeting of the American Pain Society, Phoenix, Az.
- Plevell, J., Holm, J.E., Ehde, D., & Lamberty, K.J. (1989, October). Depression and headache: Disentangling the two disorders. In J.E. Holm (Chair). *Issues in the assessment of chronic headache*. Symposium presented at the meeting of the North Dakota Psychological Association, Fargo, ND.
- Holm, J.E., Holroyd, K.A., Hursey, K.G., & Penzien, D.B. (1986, May). The role of stress in recurrent tension headache. In K.A. Holroyd (Chair), *Stress, coping, and health*. Symposium presented at the meeting of the Midwestern Psychological Association, Chicago IL.
- Holm, J.E., Hursey, K.G., Holroyd, K.A., Penzien, D.B., Theofanous, A.G., Harkabus, L.J., & Paolucci, T.K. (1985, November). Patterns of improvement with home-based relaxation/biofeedback training and with abortive medication. In K.A. Holroyd (Chair), *Recent developments in the treatment of recurrent migraine*. Symposium presented at the meeting of the Association for Advancement of Behavior Therapy, Houston, TX.
- Penzien, D.B., Holroyd, K.A., Hursey, K.G., & Holm, J.E. (1985, November). Behavioral treatment of recurrent migraine: A meta-analysis of five dozen outcome studies. In K.A. Holroyd (Chair), *Recent developments in the treatment of recurrent migraine*. Symposium presented at the meeting of the Association for Advancement of Behavior Therapy, Houston, TX.

Paper Presentations (selected from past 5 years)

- Goetz, M., Holm, J.E., Vogelanz-Holm, N.D., White Plume, J., Peterson, L. (November 2007). *Emotional and evaluative responses to antismoking advertisements in young adults*. Paper presented at the annual National Conference on Tobacco or Health, Minneapolis, MN.
- Holm, J.E., & Vogelanz-Holm, N.D. (June 2007). *Examining patterns, predictors, and disparities in alcohol use and other behavioral risks in American Indian youth*. Paper presented at the annual meeting of the Kettil Bruun Society for the Social and Epidemiological Study of Alcohol, Budapest, Hungary.

- Goetz, M., Holm, J.E., Vogeltanz-Holm, N.D., White Plume, J., Peterson, L. (April 2007). *Emotional and evaluative responses to antismoking advertisements in young adults*. Paper presented at the annual Frank Low Research Day, University of North Dakota School of Medicine, Grand Forks, ND.
- Holm, J.E., Vogeltanz-Holm, N. D., & Poltavski, D. (June 2006). *Alcohol, tobacco, and other health risks in Northern Plains American Indians*. Paper presented at the annual meeting of the Kettil Bruun Society for the Social and Epidemiological Study of Alcohol, Maastrich, Netherlands.
- Marrone, S., White Plume, J., Kerr, P., Evans, A., Vogeltanz-Holm, N., Holm, J., Adams Larsen, M. (April 2006). Examining type 1 diabetes onset and blood glucose levels in children: the effects of waist-to-height ratio, breastfeeding, and exercise/. Poster presented at the 10th National Conference on Child Health Psychology. Gainesville, FL .
- Holm, J.E., & Vogeltanz-Holm, N.D. (March, 2006). Coordinated approach to child health in eight North Dakota school districts: One year of progress. Paper presented at the annual Dakota Conference on Rural and Public Health, Fargo, ND.
- Vogeltanz-Holm, N. D. & Holm, J. E. (November 2005). *Improving employee health through worksite health promotion programs*. Invited presentations to “kick-off” worksite wellness programs in four North Dakota agencies, Bismarck, ND.
- Holm, J.E., Vogeltanz-Holm, J.E., Marrone, S., Yoder Alfonso, P., White Plume, J., & Evans, A. (May 2005). *Knowledge and attitudes about cigarette smoking in elementary-school children*. Paper presented at the 2005 National Conference on Tobacco or Health, Chicago, IL.
- Holm, J.E., Vogeltanz-Holm, N.D., Poltavski, D., McDonald, L.R., Kerr, P., & McDonald, F. (May 2005). *Disparities in behavioral risk factors among northern plains Native Americans*. Paper presented at the annual meeting of the National Rural Health Association, New Orleans, LA.
- Vogeltanz-Holm, N.D., Holm, J.E., White Plume, J., Poltavski, D., Prom, J., & Yoder Alfonso, P. (May 2005). *Evaluating youth receptivity of different anti-tobacco messages*. Paper presented at the 2005 National Conference on Tobacco or Health, Chicago, IL.
- Vogeltanz-Holm, N.D., White Plume, J., Holm, J.E., Poltavski, D., & Prom, J. (May 2005). *Native American and rural youth receptivity to an anti-tobacco media campaign: Results from the “Plain Truth.”* Paper presented at the annual Rural Minority and Multicultural Health Conference, New Orleans, LA.
- Drach, R.A., Evans, A., Jollie-Trottier T., Williams, T.J., Holm, J.E., and Vogeltanz-Holm, N.D. (November, 2004). *Pain threshold and tolerance in women with dysmenorrhea across two phases of the menstrual cycle*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Drach, R.A., Holm, J.E., Vogeltanz-Holm, N.D., Evans, A., Jollie-Trottier, T., Partlow, T.J., & Williams, K. (November, 2004). *Changes in autonomic nervous system function, corticosteroid concentrations, and prostaglandin production in response to a laboratory stressor: The moderating effects of calcium and other minerals in women with dysmenorrhea*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Krysanski, V.L., Borowiak, D.M., Holm, J.E., and Hoff, E. (November, 2004). *Social comparison and body image dissatisfaction: A controlled laboratory task*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Wilson, B.A., Holm, J.E., Drach, R.A., & McCray, J. (November, 2004). *Sexual preference assessment in college women with a history of childhood sexual abuse*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Drach, R., Holm, J.E., Vogeltanz-Holm, N. D., & Partlow, T. (April 2003). *The relationship between dysmenorrhea and psychological functioning*. Paper presented at the annual meeting of the North Dakota Psychological Association, Fargo, ND.

Evans, A., White Plume, J., Vogeltanz-Holm, N. D., & Holm, J. E. (April 2003). *Tobacco cessation interventions: What works best?* Paper presented at the annual meeting of the North Dakota Psychological Association, Fargo, ND.

Holm, J. E., Vogeltanz-Holm, N. D., & White Plume, J. (February 2003). *Reducing tobacco use in North Dakota youth: evidence for using school-based curricula and media*. Presentation to the annual meeting of the Dakota Conference on Rural and Public Health, Bismarck, ND.

Prom, J., Vogeltanz-Holm, N. D., Holm, J.E., White Plume, J., & Evans, A. (February 2003). *Building collaborative relationships for establishing a comprehensive tobacco prevention plan in North Dakota*. Presentation to the annual meeting of the Dakota Conference on Rural and Public Health, Bismarck, ND.

Workshops Conducted (Selected)

Holm, J.E. (August, 2006). *Training in Coordinated Approach to Child Health (CATCH) Curriculum for Fifth-Grade Teachers*. Advanced Workshop for Hettinger Public School District, Hettinger, ND.

Holm, J.E. (August, 2006). *Training in Coordinated Approach to Child Health (CATCH) Curriculum for Fifth-Grade Teachers*. Advanced Workshop for Lisbon Public School District, Lisbon, ND.

Holm, J.E. (September, 2005). *Stress Management Strategies for Health Care Professionals*. Workshop for Department of Physical Therapy, University of North Dakota School of Medicine and Health Sciences, Grand Forks, ND.

Holm, J.E. (September, 2005). *Training in Coordinated Approach to Child Health (CATCH) Curriculum for Fourth-Grade Teachers*. Advanced Workshop for Burlington-Des Lacs School District, Burlington, ND.

Holm, J.E. (September, 2005). *Training in Coordinated Approach to Child Health (CATCH) Curriculum for Fourth-Grade Teachers*. Advanced Workshop for Kenmare Public School District, Kenmare, ND.

Holm, J.E., Vogeltanz-Holm, N.D., Walker, J.L., Krampitz, J.B., Ward, J.L. (July, 2004). *School-Centered Health Promotion: Implementing a Coordinated Approach to Child Health (CATCH) Program*. Workshop for Eight Elementary Schools in North Dakota Implementing the CATCH Program in the 2004-2005 Academic Year, Bismarck, ND.

Academic References

Kenneth A. Holroyd, Ph.D., Department of Psychology, Ohio University, Athens, Ohio 45701

Thomas L. Creer, Ph.D., Department of Psychology, Ohio University, Athens, Ohio 45701

John R. McNamara, Ph.D., Department of Psychology, Ohio University, Athens, Ohio 45701

Donald B. Penzien, Ph.D., Department of Psychiatry & Human Behavior, University of Mississippi Medical Center, 2500 N. State St., Jackson, MS. 39216

James P. Motiff, Ph.D., Department of Psychology, Hope College, Holland, MI. 49423