



Minor in Health Education

21-24 Units 2009-2011 Catalog (Page 175-176)

University of North Dakota
Department of Physical Education, Exercise Science and Wellness

Date _____

Student _____ ID # _____ Advisor: _____

Required 14 hours, including:

| Course | Units | Grade |
|---|-------|-------|
| PXW 310 First Aid and CPR (Fall & Spring) | 2 | |
| PXW 327 Fitness for Life (Fall & Spring) | 3 | |
| PXW 403 School Health Education (Spring) | 2 | |
| Psyc 250 Developmental Psychology (Fall & Spring) | 4 | |
| Nutr 240 Fundamentals of Nutrition (Fall & Spring) | 3 | |

And select 7 to 10 Units from the following, to include one course from each of the 3 groups:

Group 1:

| | | |
|--|---|--|
| Biol 124 Environmental Science (Fall) | 2 | |
| Geol 103 Introduction to Environmental Issues (Fall & Spring) | 3 | |

Group 2:

| | | |
|--|---|--|
| Psyc 299 Human Sexuality | 3 | |
| T&L 252 Child Development (Fall & Spring) | 3 | |
| Soc 335 The Family (Fall & Spring) | 3 | |

Group 3:

| | | |
|---|---|--|
| PPT 410 Drugs Subject to Abuse (Spring) | 2 | |
| Soc 355 Drugs and Society (Spring) | 3 | |
| SWk 315 Substance Use and Abuse (Spring) | 2 | |

Notes: Special topics and other courses may be substituted only with Physical Education, Exercise Science and Wellness Advisor approval.

Students interested in a Minor in Health Education should consult with an advisor in Physical Education, Exercise Science and Wellness before beginning the Minor. Additional requirements are needed in most states to obtain licensure to teach school health

Programs preparing teacher educators and other school related personnel at UND are in compliance with the Title II, Higher Education Act and have reported their information to the North Dakota Education Standards and Practices Board. Updated 7/30/09