



**B.S. in Physical Education
Teacher Education/Certification for Grades K-12
2007-2009 Catalog (Page 164)**

University of North Dakota
Department of Physical Education, Exercise Science and Wellness

Date _____

Student _____ ID # _____ Advisor: _____

General Education Requirements (39 Units)

Communication 9 Units

Course	Units	Grade
English 110 College Composition I	3	
English 120 College Composition II OR 125 Technical and Business Writing	3	

Social Science 9 Units

Psyc 111 Introduction to Psychology	3	
Soc 110 Introduction to Sociology	3	
T&L 252 Child Development (Fall & Spring)	3	

Arts & Humanities 9 Units from a minimum of 2 departments

Math, Science & Technology 12 Units from a minimum of 2 departments. Must include 1 lab science.

Chem 115 Introductory Chemistry	3	
Chem 115L Introductory Chemistry Lab	1	

World Cultures Requirement Satisfied with _____

Programs preparing teacher educators and other school related personnel at UND are in compliance with the Title II, Higher Education Act and have reported their information to the North Dakota Education Standards and Practices Board.

Program Requirements

Introductory Course (3 Units)

Introductory course should be taken the semester you make formal application to the Teacher Education Program.

T&L 250 (formally T&L 330 and T&L 325) Introduction to Education	3	
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Education Department Courses (9-11Units) **T&L courses listed below require admission to the Teacher Education Program.**

T&L 345 Curriculum Development & Instruction (Fall & Spring)	3	
Approved Special Topics (Fall & Spring)	1-3	
T&L 433 Multicultural Education (Fall, Spring & Summer)	3	

Physical Education Courses (66 Units) Note sequence of certain courses listed below*

Anat 204 & 204L Anatomy for Paramedical Personnel and Lab	3 2	/
PPT 301 Mechanics of Human Physiology Or PXW 455 ST: Human Movement Physiology (Spring)	4	
Nutr 240 Fundamentals of Nutrition (Fall & Spring)	3	
PXW 205 Physical Education for the Elementary Grades (Fall)	3	
PXW 224-237 (See Note below) Movement Performance and Analysis (Fall, Spring, Summer)	9	
PXW 276/276L Motor Learning and Lab (Spring)	3	
PXW 310 First Aid and CPR (Fall, Spring, Summer)	2	
PXW 323 & 323L Intro to Teaching in Physical Education & Sports Settings w/Lab (Fall) Take these FIRST in sequence	3 1	/
PXW 326 Fundamentals of Physical Conditioning (Fall & Spring)	3	
PXW 332/332L Biomechanics (Fall)	4	

PXW 355 Applied Motor Development (Fall)	3	
PXW 400 & 400L Pre-req: Admitted to Teacher Education Program Methods & Materials for Teaching Secondary Physical Ed w/Lab (Fall) Take these THIRD in sequence	3 1	/
PXW 401 Sport Sociology (Fall)	3	
PXW 402/402L Exercise Physiology and Lab (Fall)	4	
PXW 403 School Health Education (Spring)	2	
PXW 404 Adapted Activities Programming (Spring)	2	
PXW 406 & 406L Pre-req: Admitted to Teacher Education Program Strategies for Teaching Physical Educ. Elementary w/Lab (Spring) Take these SECOND in sequence	3 1	/
PXW 440 Sport Psychology (Spring)	3	
PXW 491 (Pre-req: Admitted to Teacher Education Program & co-req: T&L 487 Student Teaching) Senior Teaching Seminar (Fall & Spring) Take this FOURTH in sequence	1	

* Note the sequence of the PWS teaching methods courses **MUST** be taken in order. This sequence is very important in program planning.

** The 9 Units of PWS 224-237 courses **MUST** be distributed as follows: at least 1 course in each of these topics: aquatics, dance, outdoor pursuits, individual sports, team sports.

NOTE: All major coursework must be completed before student teaching

Practica (16 Units) **The PRAXIS II test will be required for ND licensure and is required for MN licensure. Visit the ETS web site (www.ets.org/praxis) for the appropriate test required for each state.**

T&L 487 (co-req PXW 491 Senior Teaching Seminar) Student Teaching (Fall & Spring)	8 Elementary 8 Secondary	
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