

UND John Swenson, MD, Student Health Service
Assessment Plan 2006-2007

Overview

The mission of UND Student Health is
“Advancing the health of students”

That mission is accomplished by
“Promoting the health and well being of the UND Student Community, we do so by considering the best interest of the patient as our only interest.”

The primary functions of UND Student Health include:

Acute and Episodic Care
Therapeutic and Restorative Care
Health Promotion and Prevention
Health Education
Health Screening
Early Detection of Disease
Public Health Services for the Campus

University of North Dakota (UND) Student Health will continue to assess services and student development by utilizing the National College Health Survey (NCHS) and selected patient chart audits. The NCHS administered every other year provides quantitative data regarding the progress of students regarding healthy behaviors and provides evidence of unhealthy behavior. Evidence of unhealthy behavior is used for planning future activities, such as targeted interventions, social marketing, and other health behavior change efforts. Selected chart audits are used to make sure that the process is being used uniformly across the service, such as all providers using the 5 A’s when conducting a patient intake interview.

The results of the aforementioned are reviewed annually during the summer to drive future programming.

An over sampling of American Indian students was conducted in 2005 to provide a focus to programming for American Indian students, the most predominant minority group on the University of North Dakota campus.

The service selected several indicators to assess the population health of the student body and grouped those indicators into ten *Dashboard Indicators* for UND students. UND Student Health has eight years of data (NCHS is administered every two years) and will be adding an additional two years of data in April of 2006. The process also utilizes benchmarks from the U.S. Department of Health and Human Services, *Healthy Campus 2010* and from the *National College Health Survey*

National Norms for 2006 to assess where UND students are relative to standards set for a healthy campus and with regard to their peers at other institutions nation wide.

The ***Dashboard Indicators*** grid (see attached) is used by UND Student Health staff and is provided to University faculty, staff, and administrators for their use in planning activities that would improve the health status of students or the population health of the University.

A precautionary note with regard to assessing behavior and behavior change is that behavior change may be slow, it may be minute, it is rarely dramatic, although small percentage changes may be significant.

Student Learning Goals

The goal of student health is to raise the health status of students to the highest possible level. To accomplish that goal, the student must be an active and informed participant in advancing their own health status. The Student Development/Student Learning Goal is to assist students with making informed choices that lead to a healthy lifestyle.

Assessment Methods

The primary assessment tool will be the National College Health Survey, triangulated by data from the Core Alcohol and Drug Survey, and other special surveys of students done by the University.

Assessment Results

Assessment results will be provided in a format that includes national benchmarks, Health Campus 2010 targets, and UND student status (current and trend analysis).

Feedback and Use of Results

UND Student Health will use the results of the surveys and subsequent benchmarking to plan services in the present academic year and in subsequent academic years.